

# Cheese Lover's Collection

White Cheddar  
Cheese Popcorn

Nutrition Facts

Serving Size 2 3/4 cups (29g)

Servings Per Container about 5

Amount Per Serving

Calories 170

Calories from Fat 110

% Daily Value\*

Total Fat 12g18%

Saturated Fat 1.5g8%

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 7g

Cholesterol 5mg2%

Sodium 250mg10%

Total Carbohydrate 12g4%

Dietary Fiber 2g8%

Sugars 2g

Protein 3g

Vitamin A 2%

Vitamin C 0%

Calcium 4%

Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

Calories: 2,0002,500

Total FatLess than65g80g

Sat FatLess than20g25g

CholesterolLess than300mg300mg

SodiumLess than2,400mg2,400mg

Total Carbohydrate300g375g

Dietary Fiber25g30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Vegetable Oil (Corn, Canola and/or Sunflower Oil), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate, TBHQ and Citric Acid to preserve freshness.

Contains: Milk ingredients.

Manufactured in a facility that handles soy, tree nuts, peanuts and wheat.

2 - 5oz (142g) bags White Cheddar Cheese Corn

Net Wt 10 oz (284g)

Jalapeño Cheddar  
Flavored Popcorn

# Nutrition Facts

Serving Size 2 3/4 cups (29g)

Servings Per Container about 5

Amount Per Serving			
Calories 160		Calories from Fat 100	
% Daily Value*			
Total Fat	12g		18%
Saturated Fat	1g		5%
Trans Fat	0g		
Polyunsaturated Fat	2g		
Monounsaturated Fat	7g		
Cholesterol	0mg		0%
Sodium	280mg		12%
Total Carbohydrate	13g		4%
Dietary Fiber	2g		8%
Sugars	2g		
Protein 2g			
Vitamin A	0%	•	Vitamin C 0%
Calcium	2%	•	Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Vegetable Oil (Corn, Canola and/or Sunflower Oil), Jalapeño Cheddar Seasoning [Whey, Maltodextrin, Rice Flour, Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Buttermilk, Dried Onion, Natural Flavors, Sugar, Dried Garlic, Citric Acid, Spice], Color Added, TBHQ and Citric Acid added to preserve freshness.

Contains: Milk ingredients.

Manufactured in a facility that handles soy, tree nuts, peanuts and wheat.

Net Wt 5 oz (142g)

