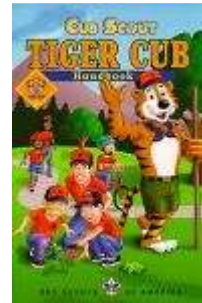


Den # ____ Boy's Name: _____ Date: ____/____/20____

Pack 163 • Glenview, IL



Welcome to the Tiger Cub trail! This document is a general outline of the Tiger Cub requirements and electives...please refer to your handbook for more detailed information on how each can be completed! Make sure your son brings his handbook to the den meetings so his accomplishments can be signed off by the den leader.

The **Tiger Cub Totem** provides recognition during the path to earn the Tiger rank badge. As a Tiger, whenever he completes a Family, Den, or Go See It activity, he earns a bead to place on his totem. Once the scout has earned all 15 totem beads, he has earned his Tiger rank badge.

- A white bead for each required 'family activity' part he completes.
- An orange bead for each required 'den activity' part he completes.
- A black bead for each required 'Go See It' part he completes.
- A yellow 'Tiger Track' disk for every 10 Tiger Electives he completes after earning his Tiger rank badge.



- **F** = A 'FAMILY' oriented requirement
- **D** = A 'DEN' oriented requirement (to be done at den meetings)
- **G** = A 'GO SEE IT' oriented requirement

Here's one suggested **den meeting schedule** for the entire year (or create your own):

Meeting 1: Making My Family Special (1F, 1D, 1G); tell or show what electives you did

Meeting 2: Where I Live (2F, 2D, 2G); tell or show what electives you did

Meeting 3: Keeping Myself Healthy & Safe(3Fa, 3Fb, 3D, 3G); tell or show what electives you did

Meeting 4: How I Tell It (4F, 4D, 4G); tell or show what electives you did

Meeting 5: Let's Go Outdoors (5F, 5D, 5G); tell or show what electives you did

Extra Meetings: as needed to complete unfinished requirements or review electives

TIGER CUB REQUIREMENTS

1. **Making My Family Special**

- 1F - Think of one chore you can do with your adult partner. Complete it together
- 1D - Make a family scrapbook
- 1G - Go to a library, historical society, museum, old farm, or historical building, or visit an older person in your community. Discover how family life was the same and how it was different many years ago.

2. **Where I Live**

- 2F - Look at a map of your community with your adult partner.
- 2D - Practice the Pledge of Allegiance with your den, and participate in a den or pack flag ceremony.
- 2G - Visit a police station or fire station. Ask someone who works there how he or she helps people in your community.

3. **Keeping Myself Healthy and Safe**

- 3Fa - With your family, plan a fire drill and then practice it in your home.
- 3Fb - With your adult partner, plan what to do if you become lost or separated from your family in a strange place.
- 3D - Make a food guide pyramid.
- 3G - Learn the rules of a game or sport. Then go watch an amateur or professional game or sporting event.

4. **How I Tell It**

- 4F - At a family meal, have each family member take turns telling the others one thing that happened to him or her that day. Remember to practice being a good listener while you wait for your turn to talk.
- 4D - Play 'Tell It Like It Isn't.'
- 4G - Visit a television station, radio station, or newspaper office. Find out how people there communicate to others.

5. **Let's Go Outdoors** (part of Leave No Trace Awareness Award)

- 5F - Go outside and watch the weather.
- 5D - With a crayon or colored pencil and a piece of paper, make a leaf rubbing.
- 5G - Take a hike with your den.

TIGER CUB ELECTIVES

1. **How Do You Celebrate?**
Think of a time when your family celebrated something, and then tell the den about it and how it made you feel.
2. **Making Decorations**
Make a decoration with your family or with your den. Display it or give it to someone as a gift.
3. **Fun And Games**
With your family, play a card game or board game or put a jigsaw puzzle together.
4. **Display A Picture**
Make a frame for a family picture.
5. **Family Mobile**
Make a family mobile.
6. **Song Time**
Along with your adult partner, teach a song to your family or to your den and sing it together.
7. **Play Along!**
Make a musical instrument and play it with others. The other can sing or have instruments of their own.
8. **Your Religious Leaders**
Invite a religious leader or teacher from your place of worship to your home or to your den meeting.
9. **A New Friend**
Help a new boy or girl get to know other people.
10. **Helping Hands**
Along with your adult partner, help an elderly or shut-in person with a chore.
11. **Helping the Needy**
Help collect food, clothing or toys for needy families with your pack or den.
12. **A Friendly Greeting**
Make at least two cards or decorations and take them to a hospital or long-term care facility.
13. **Making Change**
Using U.S. pennies, dimes, nickels, and quarters choose the correct coins to make the following amounts: 15 cents, 50 cents, 29 cents, 60 cents, 35 cents, 59 cents
14. **Reading Fun**
Together with your adult partner, read a short story or magazine article.
15. **Our Colorful World**
Mix the primary colors to make orange, green and purple.
16. **Collecting and Other Hobbies**
With your den, show or tell about something you like to collect. -OR- Tell your den about a favorite hobby or activity.

17. **Make a Model**
Make a model.
18. **Sew a Button**
Sew a button onto fabric.
19. **Magic Fun**
Learn a magic trick and show it to your family or den.
20. **Get the Word Out**
With your den, make up a PSA skit to tell people about Tiger Cubs.
21. **The Show Must Go On**
Make a puppet.
22. **Picnic Fun**
With your family or with your den, have a picnic : outdoors or indoors.
23. **What Kind of Milk**
Find out what kind of milk your family drinks and why.
24. **Help in the Kitchen**
Help the adult who is preparing a family meal to set the table and clean up afterward.
25. **Snack Time**
Make a snack and share it with your family or den.
26. **Phone Manners**
With a toy phone, or a disconnected phone, practice making phone calls and answering the telephone.
27. **Emergency!**
Talk to your adult partner about what to do if these things happened:
 - The adult who is caring for you becomes ill.
 - You are alone with someone who makes you feel uncomfortable
28. **Smoke Detectors**
With your adult partner, check the batteries in the smoke detector in your home or in another building.
29. **Safety in the Sun**
Talk with your adult partner about when you should use sunscreen. Find out whether you have any in your home and where it is kept. With your adult partner, look at a container of sunscreen and find out whether it still protects you when you are wet. Also find out how long you are protected before you have to put on more. Look for the expiration date and make sure the sunscreen is not too old.
30. **Plant a Seed**
Plant a seed, pit, or greens from something you have eaten.
31. **Learn About Animals**
Learn about an animal.
32. **Feed the Birds**
Make a bird feeder and then hang it outdoors.
33. **Cleanup Treasure Hunt**
With your den or family, play Cleanup Treasure Hunt.

34. Conservation

With your adult partner, think of a way to conserve water or electricity and do it for one week.

35. Fun Outdoors

Play a game outdoors with your family or den.

36. See a Performance

With your family or your den, go see a play or musical performance in your community.

37. Take a Bicycle Ride

Take a bicycle ride with your adult partner.

38. Bicycle Repair

Visit a bicycle repair shop.

39. Go to Work

Visit the place where your adult partner or another adult works.

40. Fun in the Water

Together with your adult partner, go swimming or take part in an activity on water.

41. Transportation

Visit a train station, bus station, airport, or boat dock.

42. Fun at the Zoo

Visit a zoo or aquarium.

43. Pet Care

Visit a veterinarian or an animal groomer.

44. Dairy Products

Visit a dairy, a milk-processing plant, or a cheese factory.

45. Fresh Baking

Visit a bakery.

46. Health Teeth and Gums

Visit a dentist or dental hygienist.

47. Reduce, Reuse, Recycle

Learn about what you can recycle in your community and how you can recycle at home.
Learn about things that need to be recycled in special ways, such as paint and batteries.

48. Go for a Ride

Take a ride on public transportation, such as a bus or train.

49. Your Government

Visit a government office such as the mayor's office, the state capitol building, or a courthouse.

50. Banking

Visit a bank.