## **The Outdoor (Ten) Essentials:** (Boy Scout Handbook, p. 207)

Any time a Scout goes on a camping trip or hike, he should always be prepared by carrying the following ten essential items in his pack. These essentials will allow a scout to survive in the outdoors in most emergency situations.

__ Pocketknife (when you complete Totin' Chip training)
__ First aid kit
__ Extra clothing
__ Rain gear
__ Water bottle (1 liter)
__ Flashlight or headlamp
__ Trail food
__ Matches/Fire starter (when you complete Firem'n Chit training)
__ Sun protection
__ Map and compass

Recommendation beyond the Ten:
__ Insect repellant
__ Toilet paper (small roll)
__ Whistle

Compare the Boy Scout Handbook list with lists at:
http://www.rei.com/expertadvice/articles/ten+essentials.html